



2008 Central Coast Zone Championships

The Zone Championships will be held at the Central Coast Regional Athletics Track (Mingara). This championship carnival is the coast's interclub event with some athletics qualifying for the Regional Carnival. The dates for these Zone Championships are **Friday 12th, Saturday 13th and Sunday 14th December 2008.**

Each athlete from the U/7 to U/17 age groups may nominate themselves in four (4) events to compete at these Zone Championships. You may only enter 4 events and some events may have qualifying measurements.

Our centre pays your non-refundable entry fee for you, so if you are not available this weekend **do not** nominate yourself we **do not** want to pay for athletes that do not attend.

If your child participates at these championships, parents will be placed on a roster to help out in some small way during the course of the weekend, please let Jodi know below which day and which event you would like to help out on other wise you will be just placed on the roster. You will be notified of your duties Friday 5th December 2008.

This year's programs will be available at the gate upon entry. The cost of a program is \$5.00 and the entry cost is \$2.00 per adult per day.

Nomination form- Zone Championships u/7 to u/17 age groups **2008/2009 season**

Name: _____ Age group _____

Email Address: _____

Events Nominated:

Event one (1). _____

Event two (2). _____

Event three (3). _____

Event four (4). _____

Please choose your events carefully as we will not be in a position to change them. We need them handed in on time; no late entries will be accepted.

Closing date from these nominations Friday 7th November 2008:

Please hand the bottom half of this form to your age manger with the events you wish to compete in for them to place in your age folder, Age Managers please hand these form into Julie (in the change room) before you leave for the night.

Parents: I would like to help on Saturday/Sunday (circle one) on field/track/marshalling (please circle one) signed _____