

Centre: 165 - Tuggerah Lakes Mingara

Age Group	Athlete Name	Number	Event	Result
U/8 Boys	Alex Cochrane-Smith	58	Discus	9.47
			Pack Start	2-51.0
			200M Run	38.8
			70M Run	12.8
	Joel Hoolihan	670	Long Jump	3.10
	Theo Ogundana-Watson	60	200M Run	37.8
			100M Run	16.8
			Long Jump	3.19
	Sebastian Plummer	36	400M Run	1-24.2
			60M Hurdles	12.0
			Shot Put	4.85
	Elias Prokopiou	924	Discus	12.16
			Shot Put	6.38
	Jayden Shipley	312	Shot Put	4.12
	Sandon Smith	156	60M Hurdles	11.0
			Long Jump	3.56
			100M Run	15.9
	Malakai Withers	266	Discus	7.79
	U/9 Boys	Declan Ackerley	144	Long Jump
Shot Put				5.14
700M Walk				4-48.0
Kyle Burley		134	High Jump	1.09
Harry Hayes		346	60M Hurdles	10.3
			100M Run	15.0
			400M Run	1-14.6
Ben Maxworthy		224	High Jump	0.95
			70M Run	12.6
Blaine Nelson		6	60M Hurdles	10.5
			800M Run	2-48.1
			400M Run	1-12.1
			200M Run	33.9
Dylan Ward		126	70M Run	12.4
U/10 Boys	Oscar Bernauer	226	Shot Put	7.40
			Discus	17.14
	Jack Birt	210	Long Jump	4.06
	Ethan Byrnes	330	800M Run	2-51.7
			60M Hurdles	12.5
	Han William Cox	82	Discus	13.96
	Lachlan Dennis	76	60M Hurdles	11.9
			Long Jump	3.89
	Samuel Dobb	394	60M Hurdles	11.4
			High Jump	1.13
	Luke Jacobs	26	1500M Run	5-45.6
			Long Jump	3.93
			200M Run	30.5

QUALIFIERS FOR NEXT CARNIVAL

LAANSW Carnival System

12 December 2010

Page 2 of 9

Central Coast Zone

U/10 Boys	Luke Jacobs	26	400M Run	1-12.0
	Taine Petersen	682	High Jump	1.23
			60M Hurdles	11.2
			70M Run	10.1
			100M Run	14.5
	Dylan Trenholme	92	200M Run	32.4
			70M Run	10.3
U/11 Boys	Matthew John Cahill	118	100M Run	14.1
			60M Hurdles	11.6
	Jack Frasca	52	800M Run	2-51.1
			High Jump	1.19
			Triple Jump	8.84
			60M Hurdles	10.8
	Matthew Liedberg	340	1100M Walk	7-02.5
			Discus	13.55
	Mitchell Orrock	66	Shot Put	7.09
	Thomas Matthew Sawyer	30	High Jump	1.21
	Cooper Soper	278	Discus	14.57
U/12 Boys	Jack Arigho	360	Triple Jump	7.95
			1500M Walk	9-54.3
	John Carroll	2	Discus	24.89
			60M Hurdles	10.0
			100M Run	13.4
			Long Jump	4.54
	Tyson Fletcher	228	Long Jump	3.84
			Triple Jump	7.77
			200M Run	32.5
	Wilson.N Hayes	344	High Jump	1.34
			60M Hurdles	12.0
	Lleyton Ivimy	78	400M Run	1-10.6
			1500M Run	5-12.8
			800M Run	2-33.8
	Nathan Johnston	130	Discus	26.59
			200M Run	31.4
			Shot Put	7.71
	Jacob Kernick	150	Shot Put	6.67
			Javelin	17.41
	Corey Pethebridge	194	Javelin	15.99
	Isaac Rumbel	88	Shot Put	7.64
Javelin			21.39	
60M Hurdles			11.5	
High Jump			1.42	
Blake Taafe	676	100M Run	14.0	
Corbin Walters	40	1500M Run	5-31.1	
		1500M Walk	10-03.8	
		800M Run	2-46.4	

QUALIFIERS FOR NEXT CARNIVAL

LAANSW Carnival System

12 December 2010

Central Coast Zone

Page 3 of 9

U/13 Boys	Johnathan Dobb	392	High Jump	1.55
			80M Hurdles	13.6
			200M Hurdles	28.9
			200M Run	27.5
			400M Run	59.6
	Hayden Forbes	20	3000M Run	11-08.6
			1500M Run	5-06.2
			1500M Walk	9-05.1
	Zac Galea	174	Javelin	17.11
			Shot Put	7.09
			80M Hurdles	19.7
			Triple Jump	7.44
	Kallum Goolagong	42	100M Run	13.9
			Discus	18.64
			200M Hurdles	31.8
			High Jump	1.25
	Samuel McClelland	678	100M Run	12.9
			Discus	18.51
	Aaron Redhead	206	High Jump	1.39
			Long Jump	4.25
Triple Jump			9.46	
U/14 Boys	Luke Batten	12	Triple Jump	9.72
			200M Hurdles	30.0
			Shot Put	10.54
			Discus	35.14
			90M Hurdles	15.6
			Javelin	19.66
	Hamish Gooden	102	100M Run	13.1
			Long Jump	4.64
			Triple Jump	9.37
			400M Run	1-07.4
	Michael Miller	4	Long Jump	5.54
			90M Hurdles	14.6
			Discus	32.48
			200M Run	25.2
			Triple Jump	11.94
	Joshua Parkinson	10	100M Run	11.9
			200M Run	11.6
			Javelin	24.3
			Long Jump	22.21
	Liam Townsend	342	3000M Run	5.89
800M Run			11-51.6	
Byron Vandemeer	380	High Jump	2-24.1	
			1.33	
U/15 Boys	Kairo Anderson	180	100M Hurdles	15.9
			200M Hurdles	27.8
			Long Jump	5.86

QUALIFIERS FOR NEXT CARNIVAL

LAANSW Carnival System

12 December 2010

Page 4 of 9

Central Coast Zone

U/15 Boys	Kairo Anderson	180	Triple Jump	11.62
			100M Run	12.0
	Bryson Cole	196	400M Run	1-18.7
			Shot Put	6.95
			200M Run	32.9
			Javelin	16.32
			100M Run	15.1
			Discus	18.38
	Jason Dredge	22	1500M Walk	8-24.5
	Bradley Hart	208	1500M Run	5-58.6
			3000M Run	12-32.1
			800M Run	2-24.2
	Michael Munro	666	400M Run	57.8
			100M Run	12.2
			200M Run	25.8
			100M Run	11.6
Taylor Suckling	936	Shot Put	10.25	
U/17 Boys	Adam Batten	8	Discus	28.01
			200M Hurdles	30.9
			Shot Put	9.79
			110M Hurdles	18.1
			200M Run	28.8
			1500M Walk	8-40.0
	Jai Copelin	160	Triple Jump	8.91
			Shot Put	5.59
			1500M Run	5-38.2
			3000M Run	11-52.4
	Brock Crumpton	178	Long Jump	4.53
			Triple Jump	10.24
	Jay Crumpton	176	Discus	20.79
			100M Run	13.5
			Javelin	30.00
			Triple Jump	9.73
			High Jump	1.39
	Robert Dredge	16	800M Run	2-03.5
			400M Run	55.1
			1500M Run	4-36.2
			3000M Run	10-01.7
	Ryan Jelley	24	200M Hurdles	30.0
			3000M Run	11-20.8
			400M Run	1-00.2
			Long Jump	4.62
			100M Run	12.8
			200M Hurdles	29.3
Justin Mckenzie	14	High Jump	1.71	
		Long Jump	5.25	
		110M Hurdles	16.8	
		200M Run	25.2	

QUALIFIERS FOR NEXT CARNIVAL

LAANSW Carnival System

12 December 2010

Page 5 of 9

Central Coast Zone

U/17 Boys	Justin Mckenzie	14	100M Run	12.3	
	Jordan Takacs	658	110M Hurdles	17.8	
			800M Run	2-37.0	
			200M Run	25.9	
Junior Boys	Junior Boys	9001	4 x 100 Relay	58.6	
Senior Boys	Senior Boys	9003	4 x 100 Relay	48.9	
U/8 Girls	Caitlyn Bennett	175	Shot Put	3.35	
			Discus	8.18	
	Lucy Dillon	29	200M Run	36.2	
			Long Jump	3.01	
			Discus	7.75	
	Zoe Galea	163	60M Hurdles	12.6	
			200M Run	35.5	
			60M Hurdles	11.9	
			Pack Start	2-55.4	
	Teghan Goes	75	400M Run	1-29.8	
			200M Run	38.3	
			Pack Start	2-52.6	
			400M Run	1-36.1	
	Kali Mccarroll	359	100M Run	18.4	
			70M Run	12.2	
			100M Run	17.7	
	Maddison Van Dijk	265	60M Hurdles	13.2	
			Long Jump	2.78	
	U/9 Girls	Tara Adams	101	100M Run	16.0
		Jenna Bird	291	Long Jump	3.50
100M Run				14.9	
200M Run				31.7	
Maddy Brooks		297	Shot Put	4.39	
			Discus	14.12	
			High Jump	0.86	
Darci Carroll		43	700M Walk	4-42.6	
			60M Hurdles	12.7	
Isabella Jones		213	400M Run	1-20.7	
Paris Kennedy		179	400M Run	1-21.4	
			Discus	11.91	
			Long Jump	3.26	
Summer Mcshane-Cale		99	800M Run	3-15.2	
Kyrach Nelson		281	60M Hurdles	12.8	
			800M Run	3-08.5	
			400M Run	1-23.8	
Taylor Reid		151	70M Run	13.0	
Kate Robertson		123	Shot Put	5.13	
			Discus	16.84	
Jessica Sawyer	33	200M Run	36.6		

QUALIFIERS FOR NEXT CARNIVAL

LAANSW Carnival System

12 December 2010

Page 6 of 9

Central Coast Zone

U/9 Girls	Taylah Seaborn	65	700M Walk	5-08.4		
	Christianna Soares	337	200M Run	34.2		
			Long Jump	3.63		
			100M Run	15.2		
Jacqueline Vesper	205	800M Run	3-16.0			
U/10 Girls	Sarah Baric	27	Shot Put	4.67		
			High Jump	.92		
			Discus	14.23		
	April Brown- Peters	215	200M Run	38.2		
			100M Run	17.2		
			High Jump	.92		
	Ashlee Forbes	1	400M Run	1-08.9		
			800M Run	2-37.3		
			1500M Run	5-22.9		
			1100M Walk	6-57.3		
	Teneka Gascoigne	269	70M Run	13.8		
	Kaitlyn Ivamy	185	Shot Put	4.38		
			Discus	11.00		
			Olivia Kernick	135	Shot Put	5.31
	1100M Walk	7-15.2				
	High Jump	1.02				
	Breanna Redhead	183	70M Run	12.8		
	Brodie Walters	21	400M Run	1-23.2		
			1500M Run	5-54.6		
			800M Run	2-56.2		
1100M Walk			7-08.7			
U/11 Girls	Kayliegh Bree Apps -gale	17	1500M Run	6-31.8		
			Taylor Baric	25	Shot Put	6.32
					Discus	16.17
	Sarah Jayde Boarer	193	1100M Walk	7-26.1		
			800M Run	3-05.2		
			High Jump	1.20		
	Heather Duffy	115	Triple Jump	7.98		
			60M Hurdles	10.2		
			100M Run	13.6		
	Piper Hextall	55	1100M Walk	9-07.2		
	Nicole Murphy	93	Shot Put	3.59		
	Aex Pattenden	335	Long Jump	3.44		
			100M Run	14.2		
			60M Hurdles	10.6		
			200M Run	30.8		
	Emily Pethebridge	173	Long Jump	3.45		
Shot Put			4.99			
Abbey Kate Rumbel	69	Discus	12.15			
U/12 Girls	Samantha Ackerley	129	Triple Jump	8.06		

QUALIFIERS FOR NEXT CARNIVAL

LAANSW Carnival System

12 December 2010

Page 7 of 9

Central Coast Zone

U/12 Girls	Samantha Ackerley	129	1500M Walk	10-21.2
	Cassidy Atkins	209	400M Run	1-06.4
			Long Jump	4.25
			100M Run	13.6
	Bronte Carroll	45	High Jump	1.21
			Long Jump	3.88
	Bree Dawson	133	1500M Run	5-33.4
			400M Run	1-09.2
	Brooke Hoolihan	107	Javelin	12.80
			Discus	24.72
	Brooke Maxworthy	195	Shot Put	5.98
	Caitlin Mills	49	1500M Walk	9-36.8
	Mischelle Rhodes	155	200M Run	30.2
			1500M Walk	9-58.8
			Shot Put	7.84
			100M Run	14.1
	Meg Robertson	121	High Jump	1.18
			Discus	14.90
	Brianan Shipley	261	1500M Walk	9-52.8
			Triple Jump	8.21
		Discus	20.58	
Kara Vandemeer	293	High Jump	1.18	
U/13 Girls	Chelsea Buckland	203	1500M Walk	9-54.0
			200M Run	29.5
	Rebecca Egan	119	200M Hurdles	35.2
			High Jump	1.21
	Kayarna Gascoigne	267	High Jump	1.36
	Samantha Judge	221	1500M Walk	9-37.2
			Triple Jump	7.96
	Maddison Langshaw	143	80M Hurdles	17.9
	Rebecca Parkinson	15	1500M Walk	9-04.7
			3000M Run	13-05.7
			1500M Run	5-48.0
			800M Run	2-43.7
	Maddi Symington	63	200M Hurdles	31.8
			Triple Jump	8.91
			Long Jump	3.92
			80M Hurdles	14.7
			100M Run	14.2
	Teresa Terlato	301	Javelin	9.69
			Shot Put	6.65
			Discus	15.54
U/14 Girls	Sara-Jayne Liedberg	23	1500M Walk	11-15.8
			Discus	20.02
			100M Run	14.9
			Javelin	21.63
	Taylor Pearson	11	200M Run	28.3

QUALIFIERS FOR NEXT CARNIVAL

LAANSW Carnival System

12 December 2010

Central Coast Zone

Page 8 of 9

U/14 Girls	Taylor Pearson	11	100M Run	13.4
			200M Hurdles	31.9
			Triple Jump	9.18
			80M Hurdles	15.0
			Long Jump	4.56
	Skyelah Townsend	277	1500M Run	6-47.5
			100M Run	16.7
			Discus	18.14
			Shot Put	5.00
			1500M Walk	10-25.7
	Claudia Walters	39	800M Run	2-38.2
			1500M Walk	8-40.5
			200M Hurdles	40.9
			3000M Run	12-10.1
			1500M Run	5-31.4
U/15 Girls	Teeghan Annear	19	Long Jump	4.04
			1500M Walk	8-30.7
			1500M Run	5-59.7
	Isabel Arigho	285	90M Hurdles	18.0
			1500M Walk	10-27.1
	Caitlin Desmond	51	200M Hurdles	35.7
			1500M Run	5-50.9
			3000M Run	14-23.0
			800M Run	3-00.0
	Tessa James	35	Long Jump	4.35
			90M Hurdles	16.7
			Triple Jump	8.83
			High Jump	1.40
	Casey Judge	5	90M Hurdles	16.5
			Long Jump	4.26
Triple Jump			9.81	
Javelin			31.04	
200M Hurdles			33.7	
Laura Knight	89	200M Run	28.0	
		Triple Jump	9.23	
		High Jump	1.40	
		1500M Walk	9-10.6	
		200M Hurdles	32.2	
		100M Run	13.4	
Alison Cherie Mcavoy	111	100M Run	13.7	
		400M Run	1-06.1	
		200M Run	29.0	
Kia Prokopiou	347	400M Run	1-03.7	
		Long Jump	4.45	
		200M Run	27.8	
		100M Run	13.2	
		1500M Walk	7-53.9	
Anita Terlato	299	Shot Put	9.06	

QUALIFIERS FOR NEXT CARNIVAL**LAANSW Carnival System**

12 December 2010

Central Coast Zone

Page 9 of 9

U/15 Girls	Anita Terlato	299	Javelin	14.86
			Discus	18.29
U/17 Girls	Brittany Annear	13	1500M Walk	8-16.4
			800M Run	2-40.1
			400M Run	1-07.8
			Triple Jump	9.08
	Madeleine Bird	9	100M Hurdles	19.6
			High Jump	1.60
			Long Jump	4.85
			Triple Jump	10.73
	Larissa Burley	109	High Jump	1.31
			100M Hurdles	21.5
			Long Jump	4.22
	Caitlin Delaney	3	Long Jump	4.14
			400M Run	1-05.9
			3000M Run	10-53.9
			1500M Run	5-16.6
			800M Run	2-26.5
			200M Hurdles	33.1
	Samantha Johnston	95	200M Hurdles	32.4
			100M Hurdles	17.5
			100M Run	14.3
Junior Girls	Junior Girls	9000	4 x 100 Relay	59.4
Senior Girls	Senior Girls	9002	4 x 100 Relay	53.6