

ZONE RESULTS - ALL PLACES**LAANSW Carnival System**

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Zone: Central Coast**Age Group** U/8 Boys

Event	Athlete Name	Centre Name	Number	Final Place	Final Result
70M Run	Kyle Johnson	Terrigal/Wamberal	209	8	11.80
100M Run	Tristan Croke	Wyong	47	4	16.90
	Tyler Gunn	Gosford	232	5	17.10
	Matthew Cahill	Terrigal/Wamberal	175	8	17.20
200M Run	Tyler Gunn	Gosford	232	2	34.00
	Matthew Cahill	Terrigal/Wamberal	175	6	35.70
400M Run	Tyler Gunn	Gosford	232	7	1-23.20
Long Jump	Tristan Croke	Wyong	47	3	3.47
	Aiden Heath	Wyong	10	14	3.00
	Andre Diaz	Woy Woy Peninsula	80	15	2.98
	Mitchell Weeks	Tuggerah Lakes Mingara	47	16	2.85
Shot Put	Aiden Heath	Wyong	10	9	5.55
	Benjamin Campbell	Gosford	250	10	5.23
	James Wilkin-Poole	Terrigal/Wamberal	68	13	5.00
	Jarryd Walter	Wyong	227	15	4.42
Discus	Aiden Heath	Wyong	10	6	15.97
	Andre Diaz	Woy Woy Peninsula	80	9	14.70
	Jarryd Walter	Wyong	227	13	13.44
	Eddie Dillon	Tuggerah Lakes Mingara	217	14	12.89
Pack Start	Tyler Gunn	Gosford	232	3	2-28.60
	Matthew Liedberg	Toukley	5	12	2-48.06
	Jack Perry	Tuggerah Lakes Mingara	161	13	2-54.43

Age Group U/9 Boys

Event	Athlete Name	Centre Name	Number	Final Place	Final Result
70M Run	John Carroll	Tuggerah Lakes Mingara	21	1	10.40
100M Run	John Carroll	Tuggerah Lakes Mingara	21	3	15.20
200M Run	John Carroll	Tuggerah Lakes Mingara	21	5	32.10
400M Run	Jake Slee	Tuggerah Lakes Mingara	225	6	1-17.90
	Jed Hornery	Terrigal/Wamberal	12	7	1-19.50
800M Run	Jake Slee	Tuggerah Lakes Mingara	225	6	2-50.05
	Lleyton Castle	Toukley	34	12	3-04.61
	Jake Bedford	Wyong	21	13	3-07.77
	Harry Vaughan	Woy Woy Peninsula	52	15	3-17.13
60M Hurdles	John Carroll	Tuggerah Lakes Mingara	21	5	10.70
Long Jump	Harry Vaughan	Woy Woy Peninsula	52	10	3.37
	Max Fabila	Tuggerah Lakes Mingara	513	13	3.22
High Jump	Jack Weir	Gosford	268	11	0.95

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High Jump	Rory Withers	Woy Woy Peninsula	34	12	0.95
Shot Put	Jed Hornery	Terrigal/Wamberal	12	6	6.72
	Jack Weir	Gosford	268	10	5.89
	Jake Bedford	Wyong	21	11	5.89
	Nathan Johnston	Tuggerah Lakes Mingara	117	13	5.33
Discus	Jake Bedford	Wyong	21	6	18.37
	Jack Weir	Gosford	268	12	16.65
	Nathan Johnston	Tuggerah Lakes Mingara	117	14	14.06

Age Group U/10 Boys

Event	Athlete Name	Centre Name	Number	Final Place	Final Result
70M Run	Alex Pohla	Tuggerah Lakes Mingara	485	6	10.40
	Cade Mapu	Gosford	280	7	10.40
100M Run	Alex Pohla	Tuggerah Lakes Mingara	485	6	14.80
200M Run	Johnathon Dobb	Terrigal/Wamberal	3	7	31.60
	Alex Pohla	Tuggerah Lakes Mingara	485	8	31.70
400M Run	Johnathon Dobb	Terrigal/Wamberal	3	6	1-10.70
	Aaron Gunn	Gosford	231	7	1-10.90
800M Run	Hayden Forbes	Tuggerah Lakes Mingara	113	11	2-46.94
	Lewis Cavander	Gosford	152	13	2-53.66
	Aaron Gunn	Gosford	231	14	3-00.61
	Ben Knight	Terrigal/Wamberal	57	15	3-20.32
1500M Run	Hayden Forbes	Tuggerah Lakes Mingara	113	10	5-35.30
	Aaron Gunn	Gosford	231	12	5-41.00
	Lewis Cavander	Gosford	152	13	5-41.40
1100M Walk	Hayden Forbes	Tuggerah Lakes Mingara	113	3	7-02.30
	Jesse Rutherford	Tuggerah Lakes Mingara	77	5	7-17.41
	Jack Holm	Tuggerah Lakes Mingara	437	8	8-41.77
60M Hurdles	Jack Holm	Tuggerah Lakes Mingara	437	8	11.70
Long Jump	Luke Podnar	Woy Woy Peninsula	61	7	4.27
High Jump	Johnathon Dobb	Terrigal/Wamberal	3	5	1.25
	Cade Mapu	Gosford	280	9	1.15
	Jesse Rutherford	Tuggerah Lakes Mingara	77	10	1.15
Shot Put	Jack Scullen-brown	Tuggerah Lakes Mingara	359	12	6.35
	Kobi Love	Tuggerah Lakes Mingara	337	13	5.93
Discus	Lewis Cavander	Gosford	152	6	25.80

Age Group U/11 Boys

Event	Athlete Name	Centre Name	Number	Final Place	Final Result
100M Run	Joshua Parkinson	Tuggerah Lakes Mingara	1	1	13.70
	Brodie Whitbread	Toukley	40	5	14.40
400M Run	James Cox	Gosford	17	7	1-08.70

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800M Run	James Cox	Gosford	17	5	2-30.92
	Zachary Vaughan	Tuggerah Lakes Mingara	53	12	2-53.77
	Liam Townsend	Tuggerah Lakes Mingara	519	13	2-55.03
	Brody Gunn	Gosford	230	15	3-15.96
1500M Run	James Cox	Gosford	17	3	4-57.30
	Zachary Vaughan	Tuggerah Lakes Mingara	53	11	5-47.80
	Liam Townsend	Tuggerah Lakes Mingara	519	12	5-49.20
	Brody Gunn	Gosford	230	15	6-13.50
1100M Walk	Luke Batten	Tuggerah Lakes Mingara	29	7	7-57.38
	Tye Dewar	Tuggerah Lakes Mingara	199	10	8-07.60
	Alex Stephens	Gosford	314	11	9-35.34
60M Hurdles	Brodie Whitbread	Toukley	40	8	11.90
Long Jump	Jayden Spake	Gosford	258	8	3.98
High Jump	Brodie Whitbread	Toukley	40	10	1.20
	Jarrold Lynch	Gosford	257	14	1.15
Triple Jump	Joshua Parkinson	Tuggerah Lakes Mingara	1	1	9.19
	Brady Pennington	Gosford	110	12	7.37
	Luke Batten	Tuggerah Lakes Mingara	29	13	7.30
Shot Put	Jarrold Lynch	Gosford	257	9	8.10
	Austin Baric	Tuggerah Lakes Mingara	109	11	8.01
Discus	Jarrold Lynch	Gosford	257	8	21.84
	Austin Baric	Tuggerah Lakes Mingara	109	14	16.69
	Luke Batten	Tuggerah Lakes Mingara	29	15	16.58

Age Group U/12 Boys

Event	Athlete Name	Centre Name	Number	Final Place	Final Result
100M Run	Benjamin Butler	Wyong	13	6	14.00
	Kairo Anderson	Tuggerah Lakes Mingara	159	7	14.10
200M Run	Nicholas Martin	Tuggerah Lakes Mingara	61	6	28.50
	Kairo Anderson	Tuggerah Lakes Mingara	159	7	29.00
400M Run	Nicholas Martin	Tuggerah Lakes Mingara	61	3	1-03.60
	Charlie Hunter	Terrigal/Wamberal	208	8	1-09.00
800M Run	Anthony Jones	Gosford	39	7	2-40.66
	Nicholas Trentgrove	Gosford	160	9	2-46.10
1500M Run	Charlie Hunter	Terrigal/Wamberal	208	2	5-03.90
	Anthony Jones	Gosford	39	4	5-11.80
	Nicholas Trentgrove	Gosford	160	9	5-30.20
	Aidan Mceneaney	Tuggerah Lakes Mingara	237	13	6-07.90
1500M Walk	Jason Dredge	Tuggerah Lakes Mingara	73	2	8-48.20
	Nicholas Trentgrove	Gosford	160	4	9-10.70
	Shayle Mead	Tuggerah Lakes Mingara	191	9	11-03.80
60M Hurdles	Benjamin Butler	Wyong	13	2	10.40

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High Jump	Jordan Huckstepp	Tuggerah Lakes Mingara	79	11	1.25
	Aidan Mcenearney	Tuggerah Lakes Mingara	237	13	1.25
	Alexander Webb	Tuggerah Lakes Mingara	133	14	1.20
Triple Jump	Benjamin Butler	Wyong	13	8	9.01
	Shane Lind	Wyong	15	11	8.61
	Anthony Jones	Gosford	39	13	8.19
	Daniel Grey	Tuggerah Lakes Mingara	297	15	7.98
Shot Put	Daniel Grey	Tuggerah Lakes Mingara	297	5	8.96
	Bryce Orrock	Tuggerah Lakes Mingara	57	12	6.90
	Shayle Mead	Tuggerah Lakes Mingara	191	13	6.68
Discus	Nicholas Martin	Tuggerah Lakes Mingara	61	6	27.40
	Daniel Grey	Tuggerah Lakes Mingara	297	8	26.86
	Benjamin Butler	Wyong	13	11	23.76
	Bryce Orrock	Tuggerah Lakes Mingara	57	13	18.95

Age Group U/13 Boys

Event	Athlete Name	Centre Name	Number	Final Place	Final Result
200M Run	Byron Cavander	Gosford	151	3	26.50
400M Run	Byron Cavander	Gosford	151	1	58.10
800M Run	Byron Cavander	Gosford	151	1	2-18.00
1500M Run	Ryan Doherty	Tuggerah Lakes Mingara	165	8	5-10.36
	Mathew Hoye	Tuggerah Lakes Mingara	313	12	6-20.80
3000M Run	Jay Felton	Gosford	183	7	11-27.80
	Ryan Doherty	Tuggerah Lakes Mingara	165	8	11-32.30
	Ryan Jelley	Tuggerah Lakes Mingara	351	9	11-33.30
1500M Walk	Jay Felton	Gosford	183	1	9-02.20
	Adam Batten	Tuggerah Lakes Mingara	27	5	10-14.60
80M Hurdles	Justin Mckenzie	Tuggerah Lakes Mingara	31	8	14.30
200M Hurdles	Justin Mckenzie	Tuggerah Lakes Mingara	31	5	31.50
Long Jump	Byron Cavander	Gosford	151	5	4.79
	Ben White	Tuggerah Lakes Mingara	305	13	3.75
	Brock Crumpton	Tuggerah Lakes Mingara	171	14	3.30
High Jump	Justin Mckenzie	Tuggerah Lakes Mingara	31	3	1.45
Shot Put	Adam Batten	Tuggerah Lakes Mingara	27	7	8.50
Discus	Adam Batten	Tuggerah Lakes Mingara	27	6	24.32
	Ben White	Tuggerah Lakes Mingara	305	9	21.72
	Joshua Linton	Wyong	115	11	19.17
Javelin	Brendan Dawson	Wyong	31	7	21.87
	Sam Heath	Gosford	18	8	19.14
	Jay Crumpton	Tuggerah Lakes Mingara	169	11	17.73

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Region 1 Carnival**Age Group** U/14 Boys

Event	Athlete Name	Centre Name	Number	Final Place	Final Result
100M Run	Mitchell Nakhoul	Wyong	100	5	12.40
	William Clifton	Gosford	85	7	12.70
200M Run	Mitchell Nakhoul	Wyong	100	4	24.80
800M Run	Robert Dredge	Tuggerah Lakes Mingara	9	2	2-20.50
	Sho Omura	Wyong	85	8	2-33.17
1500M Run	Robert Dredge	Tuggerah Lakes Mingara	9	1	4-38.50
	Sho Omura	Wyong	85	8	5-09.20
	Scott Whyte	Tuggerah Lakes Mingara	11	9	5-11.50
3000M Run	Robert Dredge	Tuggerah Lakes Mingara	9	1	10-03.80
	Sho Omura	Wyong	85	6	10-51.30
	Fletcher McKay	Gosford	32	8	13-05.10
1500M Walk	Fletcher McKay	Gosford	32	2	11-24.81
90M Hurdles	Jacob Webb	Tuggerah Lakes Mingara	7	3	14.20
200M Hurdles	Jacob Webb	Tuggerah Lakes Mingara	7	3	28.50
Long Jump	William Clifton	Gosford	85	6	5.17
	Ben Lynch	Gosford	256	9	4.89
	Aaron Wark	Toukley	31	10	4.78
High Jump	Nathan Hunter	Gosford	260	6	1.55
	Ben Lynch	Gosford	256	9	1.40
Triple Jump	Mitchell Nakhoul	Wyong	100	1	11.24
	Nathan Hunter	Gosford	260	7	10.05
Shot Put	Mitchell Nakhoul	Wyong	100	1	10.15

Age Group U/15 Boys

Event	Athlete Name	Centre Name	Number	Final Place	Final Result
100M Run	Tom Evans	Tuggerah Lakes Mingara	3	4	12.20
200M Run	Tom Evans	Tuggerah Lakes Mingara	3	2	24.10
	Brennan Wanstall	Wyong	772	7	25.50
400M Run	Craig Cameron	Gosford	4	5	58.50
	Robert Terlato	Tuggerah Lakes Mingara	193	7	59.50
800M Run	Craig Cameron	Gosford	4	2	2-12.30
	Robert Terlato	Tuggerah Lakes Mingara	193	5	2-19.20
	Andrew Land	Gosford	5	10	2-28.60
1500M Run	Craig Cameron	Gosford	4	3	4-39.50
	Robert Terlato	Tuggerah Lakes Mingara	193	9	5-04.10
	Andrew Land	Gosford	5	12	5-05.60
3000M Run	Craig Cameron	Gosford	4	2	9-53.50
	Robert Terlato	Tuggerah Lakes Mingara	193	7	10-55.60
Long Jump	Robert Cross	Woy Woy Peninsula	19	3	5.75

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Long Jump	Mark Johnstone	Gosford	7	4	5.72
High Jump	Tom Evans	Tuggerah Lakes Mingara	3	1	1.77
	Robert Cross	Woy Woy Peninsula	19	6	1.60
	Mark Johnstone	Gosford	7	6	1.60
Triple Jump	Tom Evans	Tuggerah Lakes Mingara	3	2	11.49
	Mark Johnstone	Gosford	7	3	11.46
Shot Put	Michael Crawford	Wyong	12	4	11.22
Discus	Michael Crawford	Wyong	12	5	27.20
Javelin	Malcolm Tye	Wyong	200	9	20.07

Age Group Junior Boys

Event	Athlete Name	Centre Name	Number	Final Place	Final Result
4 x 100 Relay	Junior Boys	Tuggerah Lakes Mingara	9001	7	58.80
	Junior Boys	Gosford	9001	8	1-01.90

Age Group Senior Boys

Event	Athlete Name	Centre Name	Number	Final Place	Final Result
4 x 100 Relay	Senior Boys	Wyong	9003	2	50.50
	Senior Boys	Tuggerah Lakes Mingara	9003	3	50.50

Age Group U/8 Girls

Event	Athlete Name	Centre Name	Number	Final Place	Final Result
70M Run	Bethany Kranendonk	Wyong	196	1	11.50
200M Run	Bethany Kranendonk	Wyong	196	2	33.80
400M Run	Victoria O'Neil	Terrigal/Wamberal	169	6	1-26.00
60M Hurdles	Jazmyn Rodwell	Tuggerah Lakes Mingara	20	3	12.00
Long Jump	Jazmyn Rodwell	Tuggerah Lakes Mingara	20	6	3.04
	Ella Driene	Tuggerah Lakes Mingara	354	9	2.96
Shot Put	Nicole Chaney	Gosford	58	5	5.93
	Bethany Kranendonk	Wyong	196	12	4.49
	Taylor Baric	Tuggerah Lakes Mingara	94	14	4.25
	Gabriella Brierley	Terrigal/Wamberal	33	15	3.99
Discus	Nicole Chaney	Gosford	58	11	10.35
	Gabriella Brierley	Terrigal/Wamberal	33	14	9.84
	Taylor Baric	Tuggerah Lakes Mingara	94	15	7.92
Pack Start	Bethany Kranendonk	Wyong	196	3	2-35.80

Age Group U/9 Girls

Event	Athlete Name	Centre Name	Number	Final Place	Final Result
100M Run	Jasmine Dillon	Tuggerah Lakes Mingara	18	6	16.20

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400M Run	Erin McNamara	Gosford	46	7	1-20.70
800M Run	Erin McNamara	Gosford	46	4	2-55.14
	Jasmine Dillon	Tuggerah Lakes Mingara	18	12	3-13.35
	Rebecca Brown	Toukley	82	14	3-16.50
	Hannah Campbell	Tuggerah Lakes Mingara	124	16	3-22.60
700M Walk	Bree Goddard	Wyang	27	5	4-28.70
	Paige Farant	Gosford	170	6	4-28.70
	Jacinta Moore	Tuggerah Lakes Mingara	286	12	5-46.42
Long Jump	Jasmine Dillon	Tuggerah Lakes Mingara	18	6	3.41
	Bronte Carroll	Tuggerah Lakes Mingara	32	7	3.40
	Georgia Davis	Gosford	153	14	3.00
High Jump	Alanah Byrne	Gosford	254	8	1.00
	Bronte Carroll	Tuggerah Lakes Mingara	32	11	1.00
	Lily Berry	Tuggerah Lakes Mingara	342	13	.95
Shot Put	Paige Farant	Gosford	170	2	5.66
	Isabell Brierley	Terrigal/Wamberal	13	7	4.95
	Lily Berry	Tuggerah Lakes Mingara	342	14	3.91
Discus	Brianan Shipley	Tuggerah Lakes Mingara	242	3	18.71
	Isabell Brierley	Terrigal/Wamberal	13	7	15.72
	Jacinta Moore	Tuggerah Lakes Mingara	286	12	12.28
	Madeline Self	Gosford	74	14	11.10

Age Group U/10 Girls

Event	Athlete Name	Centre Name	Number	Final Place	Final Result
70M Run	Emily Campbell	Gosford	249	4	11.30
	Aisling Flaherty	Gosford	90	6	11.40
	Ella McCarroll	Tuggerah Lakes Mingara	36	8	11.70
100M Run	Aisling Flaherty	Gosford	90	5	15.20
	Ella Beere	Terrigal/Wamberal	15	8	15.40
200M Run	Aisling Flaherty	Gosford	90	5	31.60
400M Run	Megan Wardell	Gosford	197	7	1-16.20
	Brooke Coggins	Wyang	206	2	2-52.00
	Mikayla Martin	Tuggerah Lakes Mingara	48	6	2-58.89
800M Run	Megan Wardell	Gosford	197	14	3-27.13
	Brooke Coggins	Wyang	206	2	5-45.50
	Mikayla Martin	Tuggerah Lakes Mingara	48	3	5-46.40
1500M Run	Kayla Hart	Tuggerah Lakes Mingara	82	11	6-23.20
	Samantha Judge	Tuggerah Lakes Mingara	100	7	7-19.56
1100M Walk	Caitlin Mcnearney	Tuggerah Lakes Mingara	182	9	7-37.72
	Brooke Matthews	Wyang	4	10	7-46.22
	Maddi Symington	Tuggerah Lakes Mingara	52	8	3.69
Long Jump	Holly Austin	Tuggerah Lakes Mingara	262	8	1.10
	Emily Diaz	Woy Woy Peninsula	81	10	1.05

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High Jump	Maddi Symington	Tuggerah Lakes Mingara	52	11	1.00
	Ashlee Coggins	Wyong	205	13	1.00
Shot Put	Jaimee Farrant	Gosford	171	1	8.65
	Akaylah Leef	Wyong	107	3	8.08
	Tonia Brooks	Gosford	53	8	6.45
	Ashley Colley	Wyong	238	12	5.56
Discus	Jaimee Farrant	Gosford	171	1	25.65
	Tonia Brooks	Gosford	53	5	19.83
	Emily Diaz	Woy Woy Peninsula	81	7	18.33
	Mikayla Martin	Tuggerah Lakes Mingara	48	12	16.00

Age Group U/11 Girls

Event	Athlete Name	Centre Name	Number	Final Place	Final Result
100M Run	Sara Marshall	Gosford	3	1	13.50
	Tara Angell	Tuggerah Lakes Mingara	112	7	14.70
200M Run	Sara Marshall	Gosford	3	1	27.80
	Taylor Pearson	Tuggerah Lakes Mingara	14	4	29.30
400M Run	Sara Marshall	Gosford	3	1	1-01.90
	Clare McNamara	Gosford	45	8	1-14.40
800M Run	Kallee Richardson	Toukley	3	10	2-51.66
	Clare McNamara	Gosford	45	11	2-51.83
	Olivia Morrice	Gosford	102	13	3-06.79
1500M Run	Kallee Richardson	Toukley	3	9	5-55.00
	Claudia Walters	Tuggerah Lakes Mingara	206	10	5-57.50
	Lydia McKay	Gosford	29	13	6-09.40
	Caitlain Pettigrew	Terrigal/Wamberal	41	15	6-27.10
1100M Walk	Claudia Walters	Tuggerah Lakes Mingara	206	5	6-24.06
	Lydia McKay	Gosford	29	12	7-21.30
	Tamara Tye	Wyong	201	14	7-23.22
60M Hurdles	Taylor Pearson	Tuggerah Lakes Mingara	14	7	11.30
	Ally Moxham	Wyong	25	8	12.00
Long Jump	Sara Marshall	Gosford	3	1	4.67
	Taylor Pearson	Tuggerah Lakes Mingara	14	5	4.30
	Ally Moxham	Wyong	25	10	3.94
High Jump	Nicola McDermott	Gosford	80	5	1.30
Triple Jump	Taylor Pearson	Tuggerah Lakes Mingara	14	5	8.42
Shot Put	Sara-Jayne Liedberg	Toukley	7	10	6.30
	Meaghan Burn	Gosford	125	11	5.70
	Katie Werner	Wyong	72	12	4.34
Discus	Skyelah Townsend	Tuggerah Lakes Mingara	416	12	12.05
	Meaghan Burn	Gosford	125	13	11.26

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Region 1 Carnival**Age Group** U/12 Girls

Event	Athlete Name	Centre Name	Number	Final Place	Final Result
100M Run	Jamie Carr	Gosford	54	6	14.20
200M Run	Jamie Carr	Gosford	54	2	28.50
400M Run	Hanah Jones	Gosford	147	4	1-07.70
	Linzi Flaherty	Gosford	89	6	1-09.10
800M Run	Linzi Flaherty	Gosford	89	9	2-45.22
	Teeghan Annear	Tuggerah Lakes Mingara	84	13	3-13.66
1500M Run	Tegan Boden	Gosford	12	7	5-50.90
	Teeghan Annear	Tuggerah Lakes Mingara	84	11	5-57.40
	Melissa Hopkins	Terrigal/Wamberal	155	13	6-26.40
1500M Walk	Teeghan Annear	Tuggerah Lakes Mingara	84	4	8-56.40
	Laura Knight	Tuggerah Lakes Mingara	28	8	10-21.20
	Isabel Arigho	Tuggerah Lakes Mingara	378	10	10-53.60
60M Hurdles	Jamie Carr	Gosford	54	2	10.20
Long Jump	Alyson Weir	Gosford	269	5	4.24
	Jamie Carr	Gosford	54	11	3.98
	Sarah Johnstone	Gosford	16	12	3.92
	Joanna Walker	Toukley	59	15	3.51
High Jump	Sarah Johnstone	Gosford	16	6	1.30
	Alyson Weir	Gosford	269	8	1.30
Triple Jump	Alyson Weir	Gosford	269	2	9.31
	Casey Judge	Tuggerah Lakes Mingara	10	4	8.92
	Laura Knight	Tuggerah Lakes Mingara	28	9	8.27
Shot Put	Amber Tucker	Gosford	6	10	8.48
	Anita Terlato	Tuggerah Lakes Mingara	152	12	8.22
Discus	Amber Tucker	Gosford	6	9	19.40
	Anita Terlato	Tuggerah Lakes Mingara	152	14	15.34

Age Group U/13 Girls

Event	Athlete Name	Centre Name	Number	Final Place	Final Result
100M Run	Rhiannon Walsh	Gosford	30	4	13.70
	Mikaela Hale	Tuggerah Lakes Mingara	6	5	13.80
200M Run	Rhiannon Walsh	Gosford	30	6	28.50
400M Run	Ellese Mason	Wyang	112	4	1-04.60
800M Run	Caitlin Delaney	Tuggerah Lakes Mingara	8	8	2-42.50
	Amy-Lee Lawrence	Wyang	1	11	2-48.82
	Lauren Kane	Toukley	2	14	3-01.32
1500M Run	Amy-Lee Lawrence	Wyang	1	4	5-17.50
	Samantha Danckert	Terrigal/Wamberal	223	5	5-24.00
	Caitlin Delaney	Tuggerah Lakes Mingara	8	12	5-42.50
	Megan Chaney	Gosford	57	14	5-54.70

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3000M Run	Amy-Lee Lawrence	Wyong	1	4	11-39.80
	Caitlin Delaney	Tuggerah Lakes Mingara	8	6	11-58.00
	Megan Chaney	Gosford	57	13	13-49.50
1500M Walk	Jessica Thomas	Gosford	27	3	8-29.40
	Laura McGrath	Wyong	74	8	9-24.70
	Felicia Matthews	Wyong	2	9	9-29.60
200M Hurdles	Mikaela Hale	Tuggerah Lakes Mingara	6	2	30.70
	Ellese Mason	Wyong	112	4	31.80
Long Jump	Lauren Keating	Tuggerah Lakes Mingara	46	11	3.91
High Jump	Ellese Mason	Wyong	112	3	1.47
Triple Jump	Ellese Mason	Wyong	112	3	9.39
Shot Put	Ashlee Pouletto	Gosford	28	6	8.91
	Melissa Batten	Tuggerah Lakes Mingara	250	9	6.63
	Charlotte Burn	Gosford	124	10	6.36
Discus	Ashlee Pouletto	Gosford	28	7	23.79
	Melissa Howarth	Wyong	245	8	23.15
	Crystal Stojanovic	Terrigal/Wamberal	7	12	18.52
	Melissa Batten	Tuggerah Lakes Mingara	250	13	17.76
Javelin	Ashlee Pouletto	Gosford	28	6	23.28
	Melissa Batten	Tuggerah Lakes Mingara	250	10	15.44

Age Group U/14 Girls

Event	Athlete Name	Centre Name	Number	Final Place	Final Result
100M Run	Kasey Tysoe	Gosford	1	3	13.10
	Kelly Spencer	Gosford	22	5	13.50
	Samantha Lind	Wyong	3	8	14.10
200M Run	Kasey Tysoe	Gosford	1	3	26.80
	Kelly Spencer	Gosford	22	6	27.90
400M Run	Gemma Boden	Gosford	93	8	1-05.50
800M Run	Eliza Bell	Wyong	5	9	2-42.72
	Imagen Flaherty	Gosford	88	13	3-03.79
1500M Run	Brittany Annear	Tuggerah Lakes Mingara	2	8	5-26.30
	Eliza Bell	Wyong	5	9	5-31.00
	Gemma Boden	Gosford	93	10	5-32.20
	Imagen Flaherty	Gosford	88	14	6-06.90
3000M Run	Brittany Annear	Tuggerah Lakes Mingara	2	2	11-22.20
	Eliza Bell	Wyong	5	3	11-47.00
1500M Walk	Brittany Annear	Tuggerah Lakes Mingara	2	2	8-24.90
	Imagen Flaherty	Gosford	88	6	11-24.89
80M Hurdles	Kelly Spencer	Gosford	22	3	13.20
200M Hurdles	Kelly Spencer	Gosford	22	1	29.40

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Region 1 Carnival

Long Jump	Kasey Tysoe	Gosford	1	2	4.63
Triple Jump	Raechelle Walter	Wyong	226	7	8.40
Shot Put	Cassandra Deegan	Gosford	133	3	10.28
	Raechelle Walter	Wyong	226	8	8.78
	Brooke McDonald	Tuggerah Lakes Mingara	150	13	7.98
	Amy Waldron	Gosford	25	14	7.96
Discus	Cassandra Deegan	Gosford	133	1	37.02
	Brooke McDonald	Tuggerah Lakes Mingara	150	10	23.02
	Samantha Johnston	Tuggerah Lakes Mingara	106	13	21.29
	Amy Waldron	Gosford	25	14	18.15
Javelin	Cassandra Deegan	Gosford	133	2	27.40
	Amy Waldron	Gosford	25	8	19.73

Age Group U/15 Girls

Event	Athlete Name	Centre Name	Number	Final Place	Final Result
100M Run	Megan Tully	Terrigal/Wamberal	23	7	13.80
	Renee Wardell	Gosford	195	8	13.90
200M Run	Megan Tully	Terrigal/Wamberal	23	7	28.40
	Jessica Killen	Wyong	16	8	28.80
400M Run	Jessica Killen	Wyong	16	4	1-03.90
800M Run	Renee Wardell	Gosford	195	3	2-38.80
	Nardia Nowlan	Tuggerah Lakes Mingara	138	4	2-41.53
1500M Run	Nardia Nowlan	Tuggerah Lakes Mingara	138	4	5-42.20
3000M Run	Renee Wardell	Gosford	195	4	12-37.50
	Nardia Nowlan	Tuggerah Lakes Mingara	138	5	13-05.70
1500M Walk	Jessica Killen	Wyong	16	5	9-09.69
90M Hurdles	Ashlee Batten	Tuggerah Lakes Mingara	248	3	17.70
200M Hurdles	Jessica Killen	Wyong	16	3	32.30
	Ashlee Batten	Tuggerah Lakes Mingara	248	5	34.80
Triple Jump	Nardia Nowlan	Tuggerah Lakes Mingara	138	6	9.09
	Ashlee Batten	Tuggerah Lakes Mingara	248	10	7.75

Age Group Junior Girls

Event	Athlete Name	Centre Name	Number	Final Place	Final Result
4 x 100 Relay	Junior Girls	Gosford	9000	2	58.50
	Junior Girls	Tuggerah Lakes Mingara	9000	5	1-00.30

Age Group Senior Girls

Event	Athlete Name	Centre Name	Number	Final Place	Final Result
4 x 100 Relay	Senior Girls	Gosford	9002	3	53.40
	Senior Girls	Tuggerah Lakes Mingara	9002	7	56.40

